



CONSULTATION CORNER — GRATITUDE —

This issue Dr. Riddle reflects on what she is thankful for this year. Her "Consultation Corner" is focusing on gratitude.

It seems like this year has been flying by fast!

Before it is over, I would like to reflect on the events, people, and skin-care products I have been most thankful for this year.

Our biggest milestone this year was the completion of the clinic renovation. I am so grateful for my amazing staff who tolerated 18 months of noise, construction, and workspace musical chairs. After completing the remodel, we were excited to host our first open house in May. Thank you to all who came; it was a huge success! I especially enjoyed giving behind-the-scenes tours to patients who tolerated the dusty transition. **Thank you for your patience.**

A few more event highlights of my year involved community outreach opportunities. I frequently offer free skin checks at health fairs, but this year was the first time I offered free screenings at the MATE show. What a great way to meet a new patient — in their element. I felt the same way at the Blue Angels Air Show this summer. Handing out free sunscreen while enjoying the amazing show together was a fun way to connect.



Speaking of sunscreen, I would like to thank the skincare line, TiZO, for developing my new favorite sunscreen, TiZO3. This is their 3-in-1 sunscreen which acts as a moisturizer, makeup primer and sunscreen, and it is tinted! It conceals pores and imperfections while helping makeup stay on all day. Let us not forget the most important part — it is a great mineral sunscreen. I have requested ample samples for my patients to try, so if interested stop by Billings Aesthetics Clinic.

Lastly, I would like to thank our patients and community for your support and encouragement during my first two years as a business owner. Thank you for recommending Billings Dermatology & Aesthetics Clinic to your family and friends. I am honored to have earned your trust. I am looking forward to many more years of faithfully serving the community and beyond.

Call 406.294.9660 to schedule a complimentary consultation and learn more about your treatment options.



ALSO IN THIS ISSUE:

- New Eminence Products – p2
- Holiday Gift Giving Inspo – p2
- Kynzie's Skincare Routine – p3
- Welcome Landon – p3
- Seasonal Specials – p4

NEW PRODUCTS

Eminence Bakuchiol + Niacinamide Collection

Get the ageless skin you crave! This collection unites powerful niacinamide with retinol alternative bakuchiol to smooth, hydrate and protect skin. Use daily to minimize wrinkles and reveal a soft, rejuvenated complexion.

Bakuchiol + Niacinamide Moisturizer "Retinol Alternative"

This refreshing gel cream moisturizer replenishes all skin types with smoothing hydration. Botanically sourced bakuchiol joins force with potent niacinamide and panthenol to hydrate skin while minimizing the look of fine lines and wrinkles and toning your complexion.

Radiant Protection SPF 30 Fluid

All Mineral Sunscreen with Bakuchiol + Niacinamide shields skin from the sun's harsh UVA and UVB rays. This velvety SPF Fluid combines zinc oxide for broad spectrum sun protection with bakuchiol and niacinamide to reveal smoother, more youthful-looking skin. With a nourishing feel and dewy finish, this SPF is best suited to combination to dry skin. ♦



Gift Giving Inspo

Limited Edition Jane Iredale Reflections Lip Gloss Kit

These glosses are a fan fav here in the Aesthetics Clinic. Includes colors:

Mocha Latte (shimmering bronze pink), Ripe Berry (cold bold berry), and Candied Rose (shimmering berry rose).



Under \$50

Epionce Renewal Body Lotion

Renewal Body Lotion is an advanced anti-aging moisturizer for the body. Daily use improves the visible appearance of dry, photo aged skin on the arms, legs and the body while increasing visible firmness and tone.



Baby Foot Spa Bundle

This kit includes one Original Baby Foot Exfoliation Foot Peel, two Foot Soak packets and one tube of Foot Scrub.



TiZO Tinted Lip Protection

TiZO Tinted Lip Protection is the ultimate lip protection without the use of chemical sunscreen filters. TiZO Tinted Lip Protection reflects the sun away from one of the most sensitive areas, the lips. Gentle kiwi, lime and ginger flavor.

Custom Gift Baskets

Created just for you at any price point!



Meet Landon

AESTHETIC CLINIC RECEPTIONIST



Landon Brownfield joined Billings Dermatology & Aesthetics in September 2023, just after relocating to Billings. Originally from Louisiana, Landon spent a few years in Dallas, Texas, where she worked at an aesthetics clinic. She is passionate about skincare and helping

others, and is thrilled to gain more experience in this field. Before joining the aesthetics industry, Landon was a 9-1-1 operator, which allowed her to refine her natural skill sets of attention to detail, calmness, and kindness. In her free time, Landon loves to explore Montana with her husband, Terrell, and their dog.



Kynzie's Skincare Routine

We get this question all the time... "What do you use on your skin?" Over the next several editions, we will share the skincare routines and some of the procedures that we do to keep our skin healthy and look good. This edition, Kynzie shares what works for her: **"Keep it Simple. 3 steps in the morning, 3 steps at night."**



- ☐☐☐ Gentle cleanser, Vitamin C serum and SPF moisturizer
- ☐☐☐ Gentle cleanser, Retinol cream and Moisturizer
- My specific skincare routine:**
- ☐☐☐ Benzoyl peroxide wash (I have acne prone skin)
SkinCeuticals CE Ferulic Serum
EltaMD UV Elements Broad-Spectrum SPF 44
- ☐☐☐ Cerave Foaming Facial Cleanser
Tretinoin cream (I use prescription strength but OTC options are available at the Aesthetics Clinic)
SkinCeuticals Triple Lipid Restore 2:4:2

For Treatments:

I like to do quarterly microneedling with PRP and under eye PRP injections, chemical peels 1-2x per year, and Botox every four months.

✧ While supplies last.

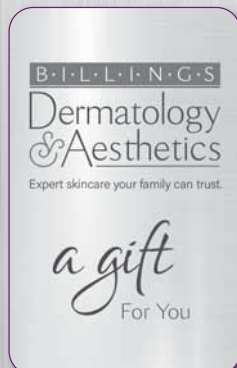
Eminence Mix & Masque Trio Set



Mix up some magic with these versatile masques. The set includes Eight Greens Phyto Masque, Strawberry Rhubarb Masque and Bamboo Age Corrective Masque. Discover Your Perfect Revitalizing Mix!

Billings Aesthetics Clinic Gift Cards!

Available in any denomination — a perfect fit every time.



FALL / WINTER SPECIALS



◆ November

GentleMax Hair Removal Treatment:
30% off a package of six

Jane Iredale and TiZO Products: 15% off

◆ December

Chemical Peels: 30% off a package of three
12 Days of Savings starts December 7
Deals revealed December 1

Check back often at billingsdermatology.com
Specials are subject to change!

HOLIDAY OFFICE SCHEDULE

Our offices will be closed the following days so our staff can celebrate the holidays with their friends and family:

- ◆ Thursday and Friday, November 23 and 24
- ◆ Monday, Dec 25 ◆ Monday, January 1, 2024



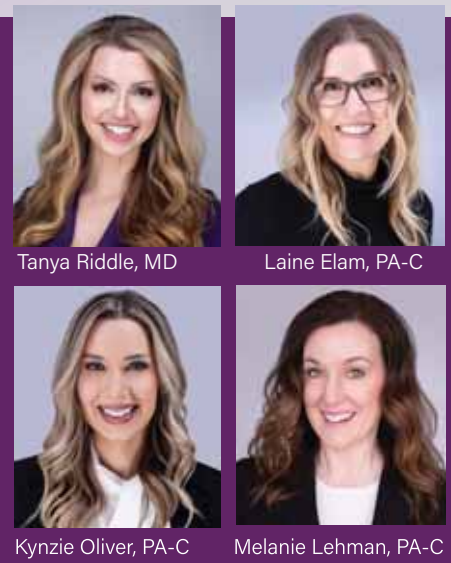
Billings Dermatology & Aesthetics

2294 Grant Rd.
Billings, MT 59102



PRSRT STD
US POSTAGE
PAID
BILLINGS MT
PERMIT # 294

Expert Skincare Your Family Can Trust



- ◆ Appointments available Monday – Friday, with shorter wait times
- ◆ Four experienced providers with 50 years of dermatology experience
- ◆ Four outreach clinic locations: Miles City, Cody, Powell and Worland
- ◆ Independently owned and community-minded

- ◆ Triple board certified dermatologist Tanya Riddle, MD, FAAD
- ◆ Dr. Riddle is an ASMS Fellow specializing in Mohs Surgery
- ◆ Compassionate and dependable care



We accept Medicare, Tricare, VA Healthcare, Blue Cross and most major insurances.

REFERRAL REWARDS PROGRAM

Make your friendships more valuable than ever. Get a **\$50 credit** for every new Botox, filler, or laser client you refer with our Referral Rewards program.

◆◆◆◆◆ STAY CONNECTED ◆◆◆◆◆

Sign up for our monthly email to receive skincare tips and promotions by scanning the QR code below or by sending your name and email address to **staff@billingsdermatology.com**. **Like us on Facebook** at Billings Dermatology & Aesthetics or **follow us on Instagram** and become eligible for promotions and prizes that are exclusive to social media.



To schedule your dermatology appointment please call 406.294.9515 or 866.988.DERM (3376). Learn more at www.billingsdermatology.com